

# Waltraude M. "Trudy" Polatsek



Trudy Polatsek passed away peacefully on October 4, 2008, at her home in Easton, Connecticut, surrounded by her loving family. For just over one year, she fought a courageous battle against brain cancer.

Trudy was born September 17, 1946, in Vienna, Austria, where she remained until she was 18 years old. From Austria she moved to the United States, where she first settled with her sister Helga in Fairfield, Connecticut.

Trudy met the love of her life, her adoring husband Charlie, on a blind date. Charlie quickly realized that this was a girl he could take home and introduce to his parents. They were married in May of 1969 and lived

for a short time in Bridgeport and Trumbull before moving to Easton in 1977.

Charlie was born in Budapest, and came to the United States in 1956, having escaped during the Hungarian revolution. His brother Steven came with him, and they later sent for their parents and their sister Eva.

Throughout her married life, Trudy proudly created a warm and nurturing home for her family and was always a gracious and generous hostess. Trudy's genuine, soft, and approachable nature resulted in lasting friendships with numerous people she and Charlie came to know while traveling throughout the United States and Canada. The most important thing to Trudy, however, was always her family.

Trudy and Charlie have been Marathon Coach Club members since 1993. Trudy has shared countless recipes in *The Maratime* since 1999, when then Club President Earl Dixon asked her if she would take on the position of recipe editor, which she graciously accepted.

Trudy is survived by her husband of 39 years, Charles Polatsek; son Mark and wife Jodi;

son Scott and wife Erin; son Brian and wife Rebecca; grandchildren Riley, Reece, Hannah, Grace, Benjamin, Maggie, and Lila; sisters Helga Feeney and Renate Stepanek and husband Paul; sister-in-law Eva Fodor; brother-in-law Steven Polatsek and wife Judit.

If you would like to honor Trudy's memory, charitable donations can be made to the Waltraude M. Polatsek Memorial Fund, c/o Yale School of Medicine Development Office, P.O. Box 7611, New Haven, Connecticut 06519-0611. •

In Loving Memory of

WALTRAUDE POLATSEK  
"Trudy"

Aged 62 Years

Born September 17, 1946

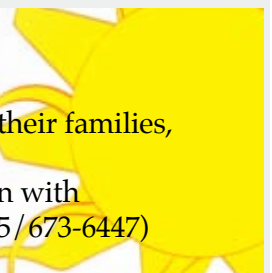
Entered Into Eternal Life

October 4, 2008

Fill not your hearts with pain and sorrow, but remember me in every tomorrow. Remember the joy, the laughter, the smiles, I've only gone to rest a little while. Although my leaving causes pain and grief, my going has eased my hurt and given me relief. So dry your eyes and remember me, not as I am now, but as I used to be. Because I will remember you all and look on with a smile. Understand, in your hearts, I've only gone to rest a little while. As long as I have the love of each of you, I can live my life in the hearts of all of you.

## Help Your Sunshine Committee!

If you hear about club members who are sick or have suffered losses in their families, please let your Sunshine Committee know; they'll get in touch with a card or a phone call. Please share this information with Committee Chairperson Pat Shoemaker-Glessner (801/554-1841 or 435/673-6447) or Office Administrator Deb Johnson (800/234-9991).



# Paul Leonard Newman



Paul Newman, born January 26, 1925, passed away on September 26 at his farmhouse home near Westport, Connecticut, at the age of 83 after a long battle with cancer.

Paul, known to family and friends as "PL," was born in Cleveland, Ohio. He served as a Navy radioman and gunner on a torpedo plane in the Pacific during World War II. After the war, he attended Kenyon College in Gambier, Ohio on a football scholarship. He began his acting career on the Broadway stage and went on to appear in more than 65 films, including classic roles in: *The Long Hot Summer*,

where he met his wife Joanne Woodward; *Cool Hand Luke* (1967); as well as his legendary pairing with Robert Redford in *Butch Cassidy and the Sundance Kid* (1969), and *The Sting* (1973). In 1986, he won an Academy Award for best actor for his role as "Fast Eddie" Felson in Martin Scorsese's *The Color of Money*. His last full-length feature film was *Road to Perdition* (2002), with Tom Hanks. Paul was also recognized for his outstanding work behind the camera, directing films such as *Sometimes a Great Notion* (1971), *Harry & Son* (1984), and *The Glass Menagerie* (1987).

In 1982, he founded Newman's Own natural foods company, for which he donated 100% of his company's proceeds to educational and charitable purposes. He set up a foundation that used film to educate youngsters about the perils of drug use, and created the Hole in the Wall Gang Camps for chronically ill children.

Paul was also an avid racecar driver. To prepare for his role as an Indy racecar driver in the 1969 movie, *Winning*, he attended a racing school, where he discovered a passion for driving. In 1976, he won a national title as an amateur competing in the Sports Car Club of America, and in 1979, along with his driving partners, Paul finished second at the 24 Hours of Le Mans. In 1995, at age 70, he took part in the 24-hour Daytona endurance race, becoming the oldest person ever to complete the event. In 1983, he co-founded Newman-Haas Racing, now Newman-Haas-Lanigan Racing, which competes in the Indy Racing League's IndyCar Series. His Newman-Haas Marathon coach has been a staple at every IndyCar race since 1998. •

## CARING THOUGHTS: Our Condolences to All

Over the past several months some Marathon Club members have been faced with challenging personal issues: family members have passed on, major surgical procedures have been performed. Marathon Coach wishes to acknowledge these people. Their strength and courage is an inspiration to us all.

*Janice Dodds* passed away in August as a result of injuries she sustained in a vehicle accident.

*Peggy Mackey's* daughter passed away in October from a heart attack.